



C O N T E M P L A T I V E V I S I O N H U M I L I T Y B E F O R E M Y S T E R Y

Contemplative Outreach of Sacramento/Stockton Area (COSSA), along with Mercy Center Auburn, invites you to a day of silence, prayer, and reflection.

This day of silence will focus on part one, Humility Before Mystery, of the recorded joint workshop, Contemplative Vision: Awakening Truth, Beauty, and Goodness, given by Frs. Rohr and Keating. In addition to watching these two workshop sessions, there will be several Centering Prayer sits, and a time for inner reflection. We will end the day with a time for reflective sharing as a group.

Centering Prayer is a gentle, silent method of consenting to God's presence and healing action within us. Based on the rich Christian contemplative heritage, Centering Prayer offers each of us a way to be open to God. By taking time to "rest in God" each day, we open our awareness to the gift of God's "constant and persevering" presence.

We will provide a short introduction to the Centering Prayer practice to all newcomers. These opportunities will help to fully acquaint you with this richly rewarding connection to God.

Saturday, April 22, 2017

(9:00am to 3:30pm)

Cost: \$35.00 *(includes lunch)*

(non-refundable payment due with registration)

sponsored by

**C O N T E M P L A T I V E O U T R E A C H
O F S A C R A M E N T O / S T O C K T O N
A R E A (C O S S A)**

Contemplative Outreach annually serves over 40,000 people; supports over 120 active contemplative chapters in 39 countries; supports over 800 prayer groups; teaches over 15,000 people the practice of Centering Prayer and other contemplative practices through locally-hosted workshops; and provides training and resources to local chapters and volunteers.

REGISTRATION FORM

Centering Prayer

April 22, 2017

Name: _____

Phone: _____

Address: _____

City/Zip: _____

Email: _____

Credit Card _____

Please check here if you are new to Centering Prayer

\$35 *(includes lunch)* ___ Visa ___ MC Exp _____



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at www.mercycenter.org