



Shepherd of the Hills UMC Silent Saturday "Blessed"

November 21, 2020
9am - 12:30pm

With **Fr. Bill Sheehan, OMI**

"But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit." Jeremiah 17:7-8

The Centering Prayer practice prior to Covid-19 prepared us, as Jeremiah prophesied, "those who trust in the Lord are as trees planted by the water and there are no worries in a year of drought". Through ongoing practice, prayer groups and retreats such as this the Lord continues to encourage and bless us with His provision.



Our online retreat includes; two sessions with Fr. Bill, Q&A's and three Centering Prayer sits. New to Centering Prayer? No experience required, simply the desire to "Be still and know that I am God" Ps 46:10.

Registration is limited and required. Please register online at:

<https://sothumc.ccbchurch.com/goto/forms/73/responses/new>

\$10.00 donation (all donations for Fr. Bill's Missionary Oblates of Mary Immaculate)

The Zoom link will be emailed to all registrants prior to November 21st.



Centering Prayer
THE PRAYER OF CONSENT

Questions? jyamada@sothumc.org
or call Jill at 949 257-6002.